

# MARCH 2018 - Instant Pot Weight Watchers Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <a href="#">Hawaiian Chicken</a>	2 <a href="#">Instant Pot Spaghetti Squash Pad Thai {Low Carb!}</a>	3 <a href="#">Chicken Stew</a>
4 <a href="#">Mussels</a>	5 <a href="#">Pineapple Chicken</a>	6 <a href="#">Irish Stew</a>	7 <a href="#">Turkey Sloppy Joes</a>	8 <a href="#">Chicken Soup</a>	9 <a href="#">Instant Pot Egg Roll In a Bowl {Low Carb!}</a>	10 <a href="#">Mexican Chicken Soup</a>
11 <a href="#">Chicken Soup</a>	12 <a href="#">Zuchinni Asian Chicken</a>	13 <a href="#">Acorn Squash</a>	14 <a href="#">Vegetable Beef Soup</a>	15 <a href="#">Carnitas</a>	16 <a href="#">Instant Pot Green Chili Bowls</a>	17 <a href="#">Shredded Mexican Chicken</a>
18 <a href="#">Mac and Cheese</a>	19 <a href="#">Asian Chicken</a>	20 <a href="#">Pork Loin</a>	21 <a href="#">French Onion Chicken</a>	22 <a href="#">Shredded Chicken Breast</a>	23 <a href="#">You won't believe it's not take out: Instant Pot Kung Pao Chicken</a>	24 <a href="#">3 Packet Roast</a>
25 <a href="#">Thai Chicken</a>	26 <a href="#">Skinny Enchiladas</a>	27 <a href="#">Whole Roasted Chicken</a>	28 <a href="#">Lentil Chili</a>	29 <a href="#">Hawaiian Sloppy Joes</a>	30 <a href="#">Instant Pot Low Carb Pizza Casserole</a>	31 <a href="#">Honey Garlic Chicken</a>

## DESSERTS (You Deserve it!)

[Instant Pot Cakes In a Jar](#)

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[Instant Pot Peanut Butter Chocolate Lava Cake](#)

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[Instant Pot Red Hots Cheesecake](#)

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[Banana Bread](#)

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[Arroz con Leche](#)

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[Flan](#)

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